# CHURCH ST MASTERPLAN AREA

HEALTH AND WELLBEING NEEDS ASSESSMENT Refresh 2013



# Chapter 1

## Introduction

#### Aim of the Document

To provide descriptive overview of demographics and health needs of the population in the Church Street Masterplan area to inform health services planning. This area represents an important, and rare, opportunity to address heath inequalities in the short, medium and long term. It is vital that *each* of these are considered before agreeing the final Masterplan. Future primary care and pharmacy services need to maximise opportunities for health promotion and health improvement if inequalities are to be addressed. This may include integration or co-location of Primary Care and Health Promotion/Improvement services and improved uptake of schemes which target the diseases which are the biggest contributors to health inequalities, namely cardiovascular disease, cancer and respiratory disease. These schemes include NHS Health Checks, MyAction, flu jabs and patient profiling.

#### **Key Points**

The Church Street Masterplan area is among the most densely populated and most deprived areas in London, with a highly diverse population comprising a large number of families with children and young people. This creates significant challenges to achieving effective service provision.

Overall health in the area is among the worst in both Westminster and London. The premature death rate (ie among those aged under 75 years) in the ward is more than 50% higher than the national average and results in around 13 additional early deaths each year beyond what would be expected.

Health outcomes appear to be particularly poor for men, across a range of different conditions.

Although health and mortality is poor across many conditions, cardiovascular disease (CVD) in the area is alarmingly high for both men and women. Early death is more than twice as common as the national average, with around 6-7 more premature deaths each year than would be typical, and around 9 more all age deaths.

The burden in hospitals from respiratory disease among men is much higher than would be expected and the prevalence of COPD in General Practice is also higher; this is likely to be linked to smoking.

Whilst cancer is less of an outlier than CVD, mortality rates are still poorer than average and account for a third of early death and quarter of all death in Church Street ward.

Mental ill-health appears to represent a significant burden in the Church Street area. Around 1 in 20-25 residents of Church Street claim incapacity benefit for mental health reasons, within the top 10 of any ward in London. Diagnosed prevalence of depression is a third higher than London and severe & enduring mental illness is 50% higher.

Not surprisingly, given the health status of the local population, the number of people at high risk of hospital admission is twice as high as is typical for the CCG. Unscheduled care forms a greater part of local resident's annual hospital costs, which across all hospital settings are one and a half times the CCG average.

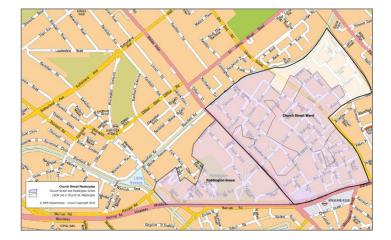
Health among children also appears to be poor, with among the highest rates of child obesity among Year 6 age children and higher than average numbers of accidents and injuries.

The national GP survey suggests the four local GP practices are popular among patients and the quality of clinical care, as measured by the Quality and Outcomes Framework (QOF), is generally high. Cancer screening rates are good for the CCG but fall short of national targets in some instances. Immunisation uptake among two year olds is high but lower for 1 and 5 year olds. There is scope for significant improvement around bowel screening.

# **Chapter 2 Locality**

The ward of Church Street is located within the northeast of Westminster. It is bordered to the north by Regent's Park, the south east by Bryanston and Dorset Square, at its southernmost point by Hyde Park and to the west by Little Venice. Paddington Green area sits within Little Venice ward. The Church Street Master Plan area (see figure 1 below) comprises the large majority of the Church Street ward and a smaller portion of Little Venice ward.

Map 1: The Church Street and Paddington Green area



An approximation to the Masterplan area can be achieved using the Middle Super Output Area of E02000968 (Westminster 009) or six of the Office of National Statistics's LSOAs, listed below.

Definition of the Masterplan area in terms of ONS LSOAs	E01004670* E01004671 E01004672 E01004673 E01004702
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\*Only a small area of LSOA (E01004670) is included in the Masterplan. This LSOA has been left in the analysis as together with E0100471/2/3 it makes up the whole ward of Church Street. This is shaded white in Figure 1. E01004702 covers the whole of Paddington Green towards the south of Little Venice ward.

In many cases, the Church Street ward has been used to characterise the local population. This contains the majority of the population and is likely to be a reasonable description of the characteristics of the Masterplan population. By using the ward data, accurate comparisons with other wards can be made.

# **Population size**

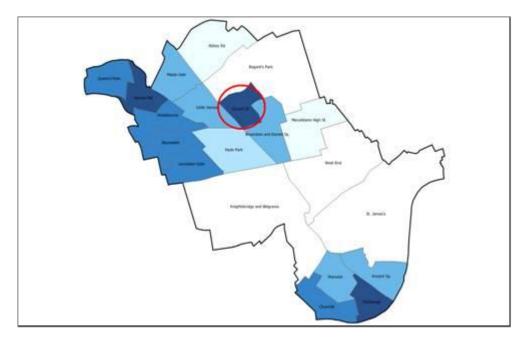
Estimates of population of the Church Street area have been summarised below:

Area	Population
Resident population of Masterplan (MSOA Westminster 009) 2011 Census	14,358 people
GP registered population of Masterplan Exeter April 2012	16,396 people
Resident population of Church Street ward 2011 Census	11,760 people

#### **Resident Population Density and overcrowding**

High housing density is often a characteristic of areas of social housing. Infectious diseases and outbreaks, such as meningitis and tuberculosis, are more common among high density population areas. According to the 2011 Census, Church Street ward is the most densely populated ward in London, with 11,760 people living in 44 hectares. This is 264 people per hectare, compared to 102 people in Westminster and 52 people in London, five times the average London density. In addition, the Masterplan area is the 15<sup>th</sup> highest of MSOAs in London for overcrowding, as measured by the ONS Census Occupancy rating, with 41% of households having a rating of -1 or less.

#### Map 2: Population Density by Westminster ward, 2011 Census



## Daytime and working population

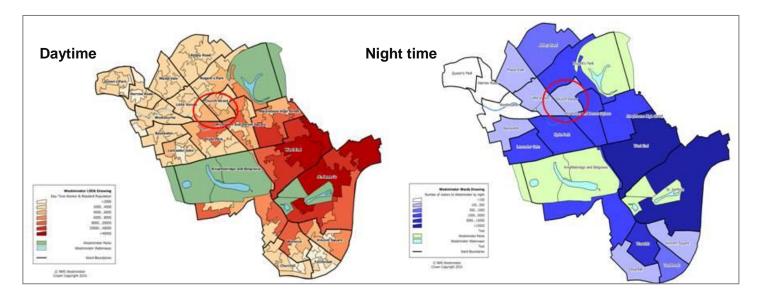
Daytime and working populations can have an impact on the type and volume of services required to meet needs, as well as accessibility of those services throughout the day. The daytime and working visitor population of Church Street is estimated to be between 2,000 and 6,000 people, and 4,000-6,000 people in Paddington Green area. This is relatively low compared to many other areas of the borough, which are more popular locations for retail and offices. *It is important to note that double counting may occur in Westminster residents who work in Westminster.* 

#### Night time visitor population

A large night-time population is largely a feature of popular entertainment areas and has impacts on levels of service need and use. In particular, ambulance call-outs and crime, particularly alcohol-related, are often influenced by the night time population.

The Church Street ward and Paddington Green area has a relatively low night-time visitor population, estimated to be 100-500 people. This contrasts strongly with the area to the south, which experiences substantial night-time volumes.

Map 3: Daytime and night time population – based on resident population (ONS mid year estimate (2008)) and working population



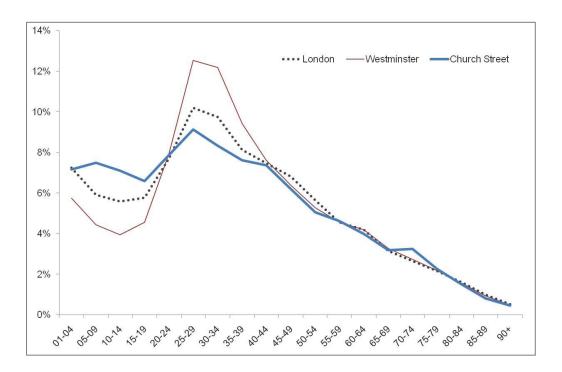
## Age

Age is a major determinant of the health need. Older age groups and youngest age groups are known to be highest users of health services. High rates of morbidity due to cancer, cardiovascular disease (CVD) and respiratory diseases are observed among older age groups, often along with high rates of A&E attendances and emergency admissions. Among the youngest age groups, asthma and allergies are often the commonest causes of unscheduled hospital use.

There is a much smaller proportion of working age adults (aged 20-64) in Church Street ward, in comparison to London, but particularly in comparison to Westminster (Church Street 60.2%; Westminster 70.1%; London 64.4%). The age group with the highest population for Church Street ward is 25-29 years. Although this is common among Westminster residents generally, there are far fewer people in this age band than the Westminster average.

Church Street ward has 50% more 0-19 year olds than is typical for Westminster and 15% more than London. In particular, there is a much higher proportion of 5-14 year olds. Children and young people constitute around 20% of the total population, compared to just over 12% for Westminster as a whole.

The proportion of older people is slightly higher than the Westminster and London average, with residents aged 65+ accounting for 11.4% of the total ward population. The proportion of older people locally is far smaller than nationally (England aged 65+: 16.3%).



#### Chart 1: Age breakdown for Church Street Ward, 2011 Census

# **Births and Deaths**

The number of births and deaths in a population are significant as this can determine the types of services needed for the population, for example health visiting resource or resource around supporting those in 'end of life' care.

The Church Street area has a higher number of births per population size than is typical for London and England: over 2010-2012, there were:

- 214 births a year on average in the Masterplan area, or around 18 a month, which is higher than the London average (the proportion of births of low birth weight is broadly similar to the London average)
- 84 deaths a year on average, or 7 deaths a month, which is slightly higher than the London average.

Causes of death have been examined in further depth later in this report.

## Ethnicity

Ethnicity is one of the determinants of health. For instance, South Asian population groups are known to be at high risk of cardiovascular disease. A high proportion of Middle Eastern population groups smoke shisha. White Other and Bangladeshi groups have a high proportion of cigarettes smokers. Alzheimer's diseases are high among white Caucasian groups. Also, ethnic minority populations tend to live in more deprived areas, predominantly in areas of social housing, further impacting on health. Unscheduled hospital care – emergency hospital admissions and A&E attendances – have also been found to be high nationally among Black, White other and Middle Eastern ethnic groups. Certain ethnic groups or nationalities, particularly first generation migrants, may experience significant barriers to accessing services or have more limited experience of using the NHS. Language barriers can impact on this further.

Church Street is an extremely culturally and ethnically diverse area, with 62% of residents coming from a Black or minority ethnic (BME) group, compared to 38% in Westminster and 40% in London. This is the highest proportion of any ward in the Tri-borough area.

Whilst the single largest ethnic group in Church Street ward is White British (22%), there is half the proportion from the White British group compared to the London average. The White Other ethnic group is second most common, although relative to Westminster, this group is small. The 'Arab' ethnic group, introduced for the 2011 Census, accounts for 1 in 7 of the local population, the second highest in Westminster after Hyde Park ward and ten times the London average. The ward also has a very large Bangladeshi population, comprising 1 in 10 of the population, 4 times higher than the borough and London averages.

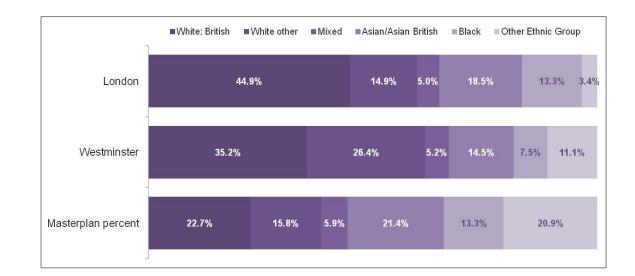


Chart 2: Summary ethnicity breakdown for Church Street Masterplan area, Westminster and London, 2011 Census

#### Table 1: Detailed ethnicity breakdown for Church Street Masterplan area, 2011 Census

Ethnicity	Masterplan numbers	Masterplan percent	Westminster	London
White: British	3,259	22.7%	35.3%	44.9%
White: Irish	277	1.9%	2.3%	2.2%
White: Gypsy or Irish Traveller	2	0.0%	0.0%	0.1%
White: Other White	1,983	13.8%	24.1%	12.7%
Mixed: White and Black Caribbean	159	1.1%	0.9%	1.5%
Mixed: White and Black African	202	1.4%	0.9%	0.8%
Mixed: White and Asian	232	1.6%	1.6%	1.2%
Mixed: Other Mixed	261	1.8%	1.8%	1.5%
Asian/Asian British: Indian	292	2.0%	3.3%	6.6%
Asian/Asian British: Pakistani	205	1.4%	1.1%	2.7%
Asian/Asian British: Bangladeshi	1,505	10.5%	2.9%	2.7%
Asian/Asian British: Chinese	323	2.2%	2.7%	1.5%
Asian/Asian British: Other Asian	750	5.2%	4.6%	4.9%
Black: African	1,175	8.2%	4.2%	7.0%
Black: Caribbean	383	2.7%	2.0%	4.2%
Black: Other Black	349	2.4%	1.3%	2.1%
Other Ethnic Group: Arab	2,063	14.4%	7.2%	1.3%
Other Ethnic Group: Any Other Ethnic Group	938	6.5%	3.9%	2.1%
All Usual Residents	14,358	100.0%	100.0%	100.0%

Higher than Westminster and London	
Between Westminster and London	
Lower than Westminster and London	

# **Country of Birth**

44% of the GP registered population who live in the Masterplan area were born outside of UK according to GP registrations. The area is highly diverse, with no one significant majority country of birth after UK.

After the UK-born population, the highest proportions of GP practice registered patients are from Iraq and Bangladesh. There are significant numbers from the Middle East and North Africa as well as from 'refugee' countries.

Table 2: Most common countries of birth, Exeter GP registration data 2012. UK figure includes unknowns

Country of birth	Number	Percent
UK	9135	55.7%
Iraq	721	4.4%
Bangladesh	622	3.8%
Kuwait	395	2.4%
Morocco	295	1.8%
Lebanon	291	1.8%
Kosovo	205	1.3%
Sudan	180	1.1%
Italy	176	1.1%
Philippines	171	1.0%
France	170	1.0%
Former USSR	161	1.0%
Egypt	156	1.0%
India	154	0.9%
Ireland	139	0.8%
Pakistan	134	0.8%
Somalia	131	0.8%
Portugal	129	0.8%
Algeria	128	0.8%
Iran	127	0.8%
Other mentions	2776	16.9%
	16396	100.0%

## Spoken Language

Some of the people in Church Street are likely to only speak their native language. In order to reduce barriers to care, health services need interpreters, and health promotion needs to be carried out in appropriate languages.

60% of residents of Church Street ward speak English as their main language at home, which is the lowest in the Tri-borough area and much lower than London (78%). The most common language spoken at home other than English is Arabic (12%), followed by Bengali (6%). There are more Arabic speakers in this ward than any other Tri-borough ward.

	Church	
	Street	Percent
English	6724	60%
Arabic	1296	12%
Bengali (With Sylheti and Chatgaya)	641	6%
Kurdish	387	3%
Other European Language (EU)	381	3%
East Asian Language	379	3%
African Language	300	3%
Other European Language (Non EU)	219	2%
Spanish	204	2%
French	185	2%

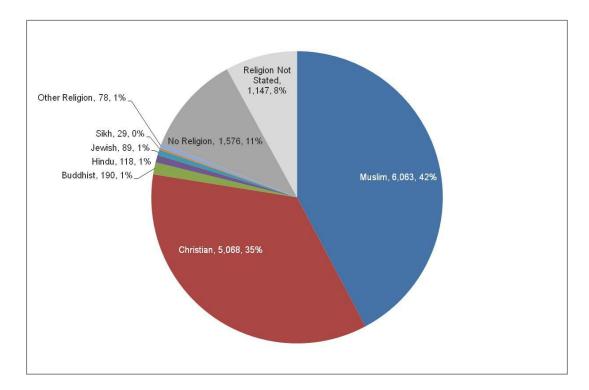
Table 3: Main home languages spoken at home, Church Street ward, 2011 Census

# Religion

Health services may need to be sensitive towards certain religious beliefs and cultural backgrounds of individuals. Diverse ethnic and religious groups mean that services should consider the sensitivity to which patients expect to be treated based on personal belief and custom. For example a Muslim woman is more likely to expect female practitioners.

Four out of ten residents of Church Street Masterplan area are Muslims (42%, compared to 18% in Westminster), with Church Street Ward falling into the highest 3% in London. The number of Muslims (around 6,000) outweighs the number of Christians (around 5,000).

Chart 3: Breakdown of Religion in Church Street, Masterplan area, ONS census 2011

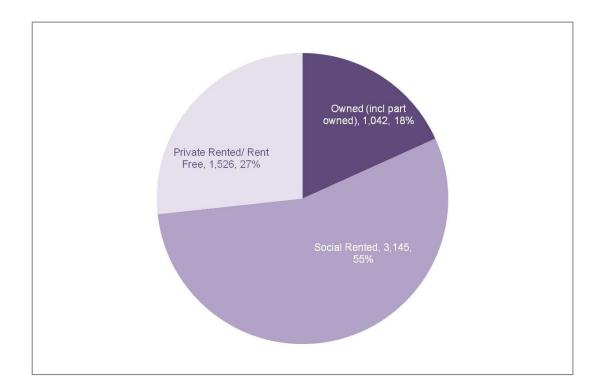


#### Tenure

Those living in social housing tend to have greater health needs, either relating to material deprivation experienced and/ or because of underlying health conditions that have resulted in eligibility for social housing.

According to the 2011 Census, over half the households in the Church Street Masterplan area are classified as social housing, with just 1 in 5 households owned and a slightly higher proportion rented privately. Church Street ward falls within the highest 3% of wards in London for the proportion of social housing.

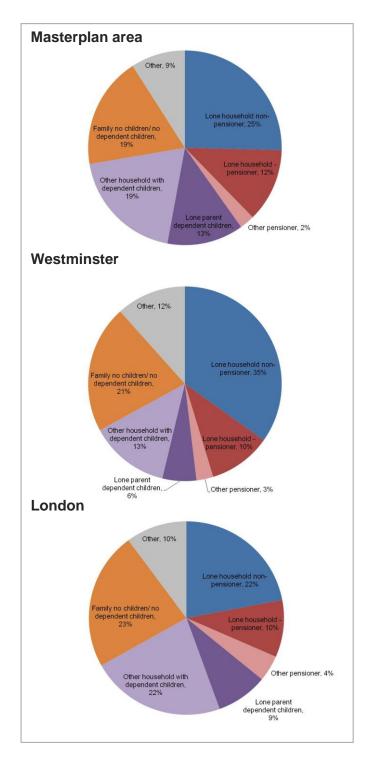
#### Chart 4: Breakdown of Housing Tenure in Church Street, Masterplan area, ONS census 2011



#### **Household composition**

The Masterplan area has a very high proportion of lone parent households with dependent children compared to Westminster and London. There are also a greater proportion of lone pensioners compared to Westminster and London, and more families with dependent children compared to Westminster. These groups are known to require additional resource from health and social care services.

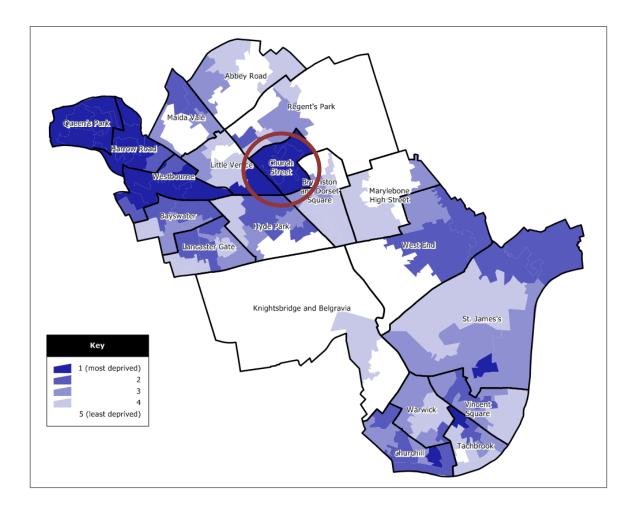




## Deprivation

Those in the most deprived quintile of the population experience significantly poorer health than those who are more affluent and generally tend to be greater users of healthcare. Church Street ward is one of the most deprived wards in London and falls into the most deprived 10% nationally. All of the LSOAs in the ward fall within Westminster's most deprived deprivation quintile.

Map 4: Index of Multiple Deprivation by ward and Lower level super output area, 2010, national quintiles (groups of 20%)



## **Children living in Poverty**

The developing foetus and the growing child seem to be particularly vulnerable to the adverse effects of poverty. For example, infants in the lowest income families have a nine-fold increased risk of sudden unexpected death in infancy compared with those with a higher weekly income. Also, iron deficiency anaemia and asthma have been shown to be associated with lower socio-economic class.

The income deprivation affecting children index (IDACI) indicates the proportion of children under 16 living in low income households. The proportion in Church Street is far higher than Westminster and London averages, with 70% of households with children living in income deprived conditions, more than twice the Westminster and London rates.

## **Older people living in Poverty**

Poverty can also have a profound effect on older people, such as through poorly heated homes, which can exacerbate emergency hospital use (for example for COPD). There is a direct link between poverty and premature death.

The income deprivation affecting older people index (IDAOPI) indicates the proportion of people aged 60+ living in low income households. The proportion in the Church Street Masterplan area is far higher than Westminster and London averages, with 45% of households with older people receiving means tested benefits, one and a half times the London average.

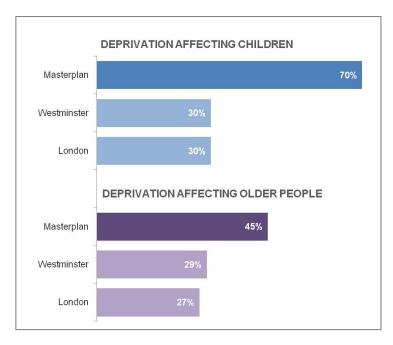


Chart 6: Index of deprivation affecting children and older people for Church Street Ward, 2010 (IDACI and IDAOPI)

## **Benefit Claimants**

The proportion of the population claiming out of work benefits in the Church Street ward area in May 2012 was almost twice as high as the Westminster average and 60% higher than nationally. This is a reflection of the level of need in the Church Street area.

Half of all benefit claimants in Church Street ward claim incapacity benefit/ESA, with the claimant rate twice as high as the Westminster and national averages. The rate for incapacity benefit is the third highest in London after Queen's Park and Westbourne (both in Westminster). There are also much higher rates of carers' benefits, lone parent benefits and job seekers allowance.

	Church Street numbers	Church Street %	Westminster	Great Britain
Total claimants	2,270	23.1%	13.0%	14.4%
Job seekers	490	5.0%	3.0%	3.7%
ESA and incapacity benefits	1,145	11.6%	6.8%	6.3%
Lone parents	230	2.3%	1.3%	1.5%
Carers	220	2.2%	0.9%	1.2%
Others on income related benefits	65	0.7%	0.4%	0.4%
Disabled	110	1.1%	0.6%	1.1%
Bereaved	10	0.1%	0.1%	0.2%
Key out-of-work benefits	1,930	19.6%	11.5%	11.9%

Table 4: Out of work benefits for Church Street Ward, May 2012, NOMIS

## **Incapacity Benefit for Specific Conditions**

The number of incapacity claimants for mental and physical disorders gives an indication of the burden of mental and physical illness in the area.

Westminster has a particularly high burden of mental illness, with six wards falling within the highest ten in all London for claimants of incapacity benefit for mental health reasons, and a further 18 falling into the 20% highest. Church Street ward is the third highest in all London, with around 1 in 20-25 of its total working age population claiming incapacity benefit for mental health reasons, or 310 people. The number of working age people claiming incapacity benefit for musculoskeletal disorders in Church Street is among the highest in all London, with 120 claiming in the ward.

Many claiming incapacity benefit are in the process of migrating onto Employment Support Allowance (ESA).

#### Education

There is a positive link between educational attainment and health. Evidence suggests that increased time in the educational system and higher educational attainment is associated with better overall health status and healthier lifestyle behaviours. As we can see in the table below, a large proportion of residents have no qualifications at all, which is well above the Westminster and London averages. The next highest category of residents is for those who have attained level 4/5, a certificate of higher education, which is also less than the Westminster average.

#### Table 5: Level of qualification in Church Street Masterplan area, Census 2011

	Church Street Numbers	Church Street %	Westminster	Great Britain
No qualifications	3,048	28%	13%	23%
Highest qualification attained level 1	1,131	10%	7%	13%
Highest qualification attained level 2	1,130	10%	8%	15%
Apprenticeship	121	1%	1%	4%
Highest qualification attained level 3	991	9%	9%	12%
Highest qualification attained level 4 / 5	2,983	27%	50%	27%
Other qualifications / level unknown	1,619	15%	13%	6%

## Crime

Westminster has a very high crime rate of 259 incidents per 1,000 head of population; in contrast, Church Street sees a lesser 93 incidents per 1,000. Westminster has particularly high rates due to the large number of visitors in parts of the borough, such as St James ward (1,658 incidents of crime per 1,000\*) and the West End (2,100 incidents of crime per 1,000). Crimes involving drugs, criminal damage and violence against individuals in Church Street ward are higher than London averages, but lower than Westminster. No data is available on the fear of crime, which is known to have an impact on the wellbeing of local residents.

#### Table 6: Crime Rates in Church Street, LASS site for crime analysts (GLA) 2010/11

Rate /1,000	Church Street	Westminster	London
Total Notifiable Offences	93	259	97
Violence Against The Person	29	36	21
Robbery	3	7	4
Burglary	7	14	12
Theft And Handling	28	163	40
Criminal Damage	12	12	11
Drugs	12	24	8
Other Notifiable Offences	2	3	1

\*Relatively low resident population but a massive visitor/working population, hence crime rates appear high.

## **Children with a Child Protection Plan**

Data dating from May 2011 identifies a greater number of children with a child protection plan than any other ward in the Tri-borough area, with the exception of Golborne ward in Kensington and Chelsea.

## **Air Pollution**

According to the WHO, air pollution is a significant risk factor for multiple health conditions including respiratory infections, heart disease, and lung cancer. The majority of pollutants are less than the Westminster average with the exception of sulphur dioxide and particulate matter (PM10) especially from road transport. Because of their small size, particles on the order of ~10 micrometers or less (PM10) can penetrate the deepest part of the lungs such as the bronchioles or alveoli and cause health problems. Sulphur dioxide is a major air pollutant and also significant impacts upon human health. Inhaling sulphur dioxide is associated with increased respiratory symptoms and disease, difficulty in breathing, and premature death.

Theme	Proportion	Church Street	Westminster	London
NOx Inte	NOx Intensity		8	7
	Industry	3	3	5
	Domestic and Commercial	24	30	28
	Road Transport	65	59	57
	Other	8	8	9
SO2 Inte	nsity	7	6	4
	Industry	4	7	7
	Domestic and Commercial	3	2	7
	Road Transport	34	35	33
	Other	59	56	54
PM10 Int	ensity	8	8	6
	Industry	4	5	7
	Domestic and Commercial	5	7	5
	Road Transport	78	74	65
	Other	12	15	23

#### Table 7: Emissions, Neighbourhood Statistics 2005 – Intensity Score 1-8, 8 being the maximum

Generally, Westminster is one of the most polluted areas of London as it has high domestic, commercial and road transport activity. Sulphur dioxide intensity in Church Street is higher than the average Westminster emission intensity, with the majority coming from other sources (including waste, other transport, agricultural and natural). Particulate matter (PM10) levels, although similar levels to Westminster are higher than that of London. The PM10 from road traffic is higher than both Westminster and London. This could be an explanation to the high prevalence of respiratory disease here (see Appendix 3). Asthma rates, especially among children, and the related care provision at school, may need to be monitored.

# **Chapter 3 Burden of III Health**

Church Street is a highly deprived, ethnically and culturally diverse area. The burden of long term conditions and disabilities is high in the area, leading to greater early death from potentially preventable causes, as well as greater pressure on the local health service provision.

#### Self-reported health

According to the 2011 Census, the middle super output area encompassing the Masterplan area has the highest level of people reporting bad/ very bad health of any area in London, with 1,573 reporting bad or very bad health.

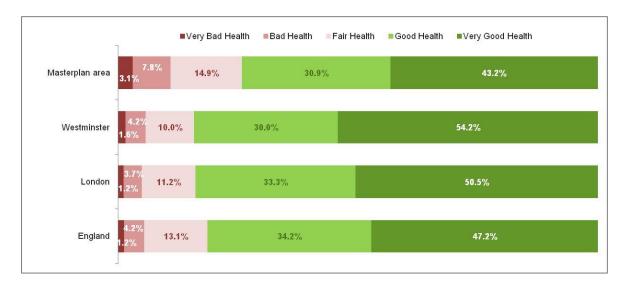
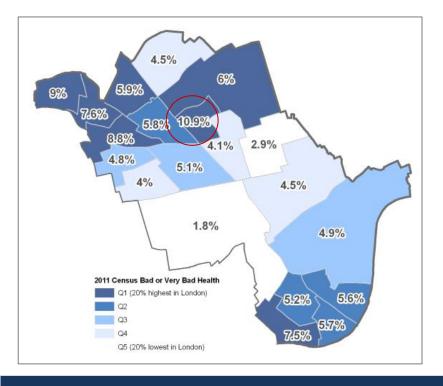


Chart 7: Self-reported bad/ very bad health by ward, 2011 Census

Map 5: Self-reported bad/ very bad health by ward, 2011 Census

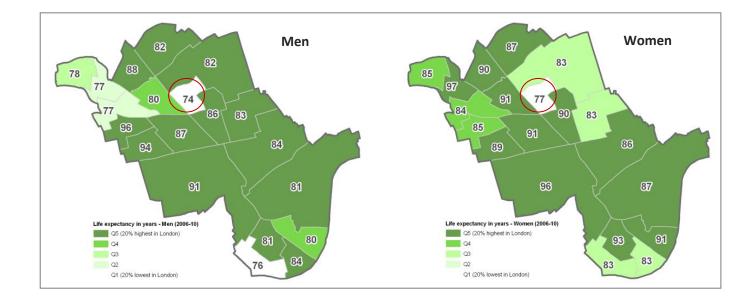


# Life Expectancy

Life expectancy is the expected number of years of life remaining from birth, based on current death rates in the local population.

Life expectancy in Westminster overall is currently the second highest in the country, for both men and women (men 83.8 years; women 86.7 years, 2008-10).

However, at 74 years for males and 77 years for females, life expectancy in Church Street is the lowest in Westminster and among the 20% lowest wards in London (time period 2006-10, Westminster 82.3 men, 86.3 women over this period).



Map 6: Life expectancy by ward, 2006-10, HNA Toolkit

#### **Disability Free Life Expectancy**

Disability-free life expectancy is the average number of years an individual is expected to live free of disability if current patterns of mortality and disability continue to apply. Church Street is a highly deprived area with respect to the UK which translates to a very low age for disability free life years; less than 54 for males and 56 for females between 1999 and 2003. This has strong economic implications, given it is below the current retirement age.

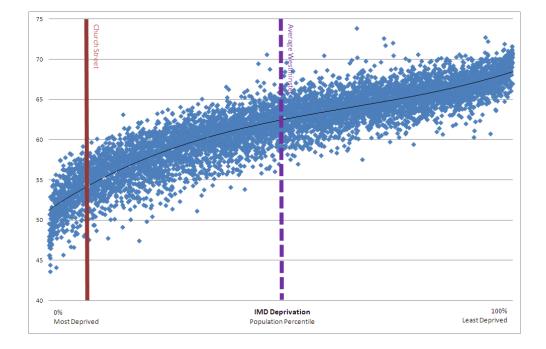
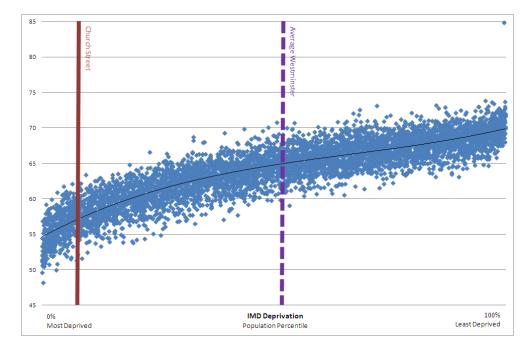


Chart 8: Male DFLE for England at birth with Church Street marked, ONS 1999-2003

Chart 9: Female DFLE for England at birth with Church Street marked, ONS 1999-2003

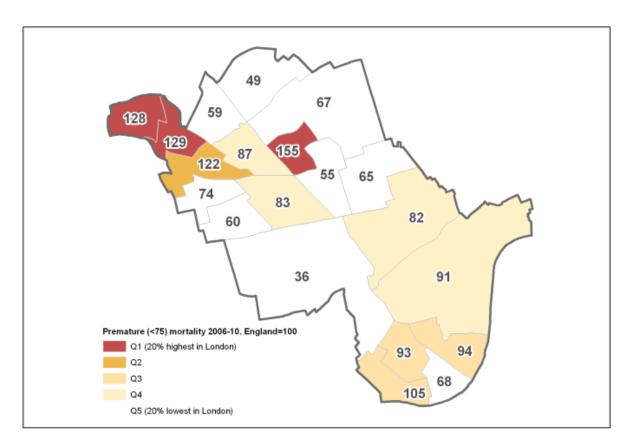


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#### **Premature Mortality**

Early, or premature, death is defined as death under the age of 75 years. The majority of deaths to people under the age of 75 after for cancer, cardiovascular disease, and respiratory disease - all potentially preventable to some degree.

Church Street ward has among the highest standardised mortality ratios (SMRs) in London. The SMR is 155, meaning that there are 55% more early deaths than nationally (the 15<sup>th</sup> highest in London).



*Map 7: Standardised mortality ratios (SMRs) for premature (<75) mortality, by ward, 2006-10, HNA Toolkit* England=100

## **Causes of Death**

Each year, an average of 30 people in the Masterplan area die from cardiovascular disease (CVD), 12 of whom are below the age of 75. The proportion of deaths from CVD is particularly high in the Masterplan area and is in contrast to London as a whole, where cancer is now the leading cause of death.

Although cancer deaths form a smaller proportion of all deaths and premature deaths than typical for London, the actual *rate* of cancer death is higher than London, and cancer is the second most common cause of death, close behind CVD (the rate of new cases of cancer is lower than London, although lung cancer is higher).

Respiratory deaths also form a greater proportion of all deaths and premature deaths than typical for London, and are the third most common cause of premature and all age death. Some respiratory deaths, such as deaths from COPD, are primarily caused by smoking.

 Table 8: Annual average number and proportion of deaths by underlying cause of death, for Masterplan residents, based on 3 year average 2010-12, Primary Care Mortality Database

	Number		Percent	
	All ages	<75	All ages	<75
Cancer	21	11	25.0%	29.2%
Mental & behavioural	3	1	4.0%	2.7%
CVD	30	12	35.3%	31.9%
Respiratory	12	5	14.3%	12.4%
Digestive	4	2	5.2%	5.3%
External	2	2	2.4%	4.4%
other	12	5	13.9%	14.2%
Grand Total	84	38	100.0%	100.0%

 Table 9: Proportion of deaths by underlying cause of death – comparison with London, based on 3 year

 average 2010-12, Primary Care Mortality Database

	Masterplan		London	
	All ages	<75	All ages	<75
Cancer	25.0%	29.2%	29.7%	39.7%
Mental & behavioural	4.0%	2.7%	5.9%	0.9%
CVD	35.3%	31.9%	28.8%	22.5%
Respiratory	14.3%	12.4%	13.6%	8.6%
Digestive	5.2%	5.3%	5.2%	7.0%
External	2.4%	4.4%	4.1%	8.1%
other	13.9%	14.2%	12.7%	13.2%
Grand Total	100.0%	100.0%	100.0%	100.0%

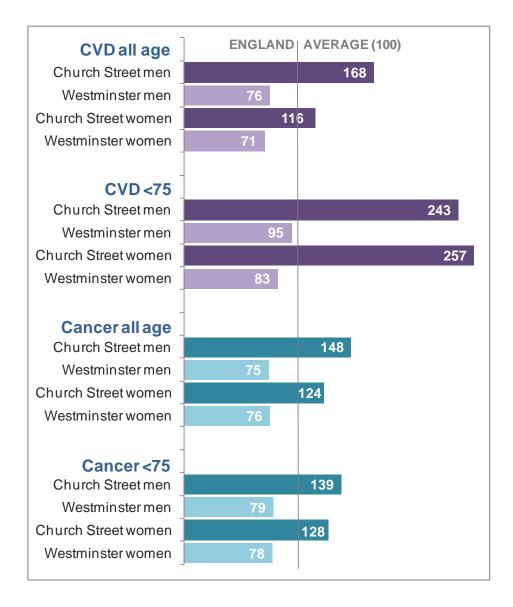
#### Mortality by cause

The all age and under 75 death rates for Cardiovascular disease (CVD) in Church Street ward are higher than London and England for both men and women. Of particular concern is the very high rate of premature death, more than twice as high as the national average. There are around 6-7 more premature deaths (and around 9 more all age deaths) each year than is typical nationally.

Early deaths from cancer are between a quarter and a third higher than nationally, and this pattern is similar for all age deaths from cancer.

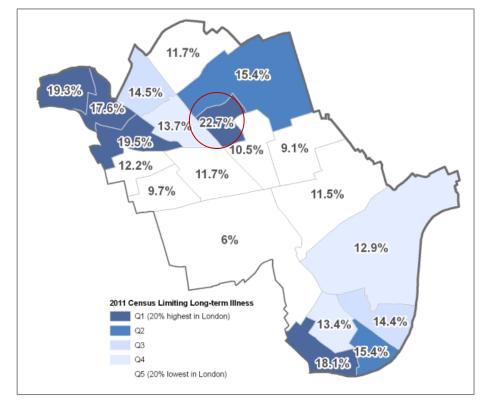
CVD and cancer incidence and mortality are highly influenced by lifestyle factors such as smoking, diet and physical activity and are associated with poverty and in some cases ethnicity.

Chart 10: Standardised mortality ratios (SMRs) for cardiovascular disease and cancer mortality for men and women, all age and premature (<75) by ward, 2006-10, HNA Toolkit England=100



#### Long-term conditions

With an ageing population and improving life expectancy, the effective management of patients with existing long-term conditions has become one of the most important public health challenges today. According to the 2011 Census, residents of Church Street ward report higher levels of limiting long-term illness than any other ward in Westminster and among the highest in London. Almost a quarter of those in the Masterplan area (3,272 people) report a long-term condition, over half of whom (1,771 people) say it limits them a lot.



Map 8: Self-reported limited long-term illness by ward, 2011 Census





#### **GP** Disease Prevalence

This is the number of people in a GP registered population who are known by their GP to have a disease (listed below); the numerator is the number of existing cases of disease at a specified time and the denominator is the total population.

The estimated burden of disease for people living in Church Street ward is very high compared to Westminster, typical for an area of deprivation. It also tends to be high compared to the London average in most cases. Of particular note is the burden of mental ill-health, with depression a third higher and severe & enduring mental illness 50% higher. Also high are obesity and diabetes, as well as CHD and stroke and COPD. Unusually, cancer registers are lower than Westminster and London, even though the burden of cancer is known to be high. This may indicate poor survival rates from the disease.

 Table 10: Estimated number and percentage prevalence of diagnosed chronic diseases in Masterplan area, compared to Westminster and London, based on QOF 2011/12

	Estimated number in Masterplan area	Church Street %	Westminster	London
Smoking	3,017	18.4%	15.5%	18.6%
Hypertension	1,642	10.0%	8.7%	11.1%
Obesity	1,338	8.2%	6.3%	7.6%
Depression	1,382	8.4%	5.4%	6.3%
Asthma	758	4.6%	3.8%	4.7%
Diabetes	841	5.1%	3.6%	4.4%
Hypothyroidism	337	2.1%	2.0%	2.3%
СНD	416	2.5%	2.0%	2.2%
СКD	278	1.7%	1.3%	2.1%
CVD prevention	185	1.1%	1.4%	1.7%
Cancer	197	1.2%	1.3%	1.3%
Stroke TIA	228	1.4%	1.1%	1.1%
COPD	203	1.2%	0.9%	1.1%
SMI	252	1.5%	1.3%	1.0%
Atrial Fibrilation	170	1.0%	0.9%	0.9%
Heart Failure	91	0.6%	0.5%	0.5%
Epilepsy	96	0.6%	0.4%	0.4%
Dementia	65	0.4%	0.3%	0.4%
Learning disabilities	55	0.3%	0.2%	0.3%
LVD	33	0.2%	0.2%	0.2%
Palliative care	21	0.1%	0.2%	0.2%

Higher than London	
and Westminster	
Between London and	
Westminster	
Lower than London	
and Westminster	

# **Risk of Emergency Admission**

Data which profiles the risk of emergency hospital admission identifies 86 patients in the Church Street Masterplan area registered with Central London CCG who have a risk score of 60 or more (which very broadly equates to a 60% risk of admission in the following year. This is almost twice as high as if the area was typical of the CCG as a whole (47 people). There are also almost twice as many patients as expected in the 10-60 risk score groupings; these patients also have a significant risk of emergency admission.

Table 11: Number and proportion of patients in the Masterplan area by risk of emergency admission, compared to CCG, CLH data extraction June 2012

Risk score	Number of patients in Church Street Masterplan area	% of total	Number of patients in typical Central London CCG area	Difference	Difference %
1-10	12,011	83.8%	13,063	-1,052	-8%
10-20	1,504	10.5%	824	680	82%
20-30	397	2.8%	221	176	80%
30-40	174	1.2%	97	77	80%
40-50	107	0.7%	53	54	100%
50-60	55	0.4%	28	27	94%
60-70	35	0.2%	20	15	73%
70+	51	0.4%	27	24	89%
Grand Total	14,334	100%	14,334		

#### **Hospital activity**

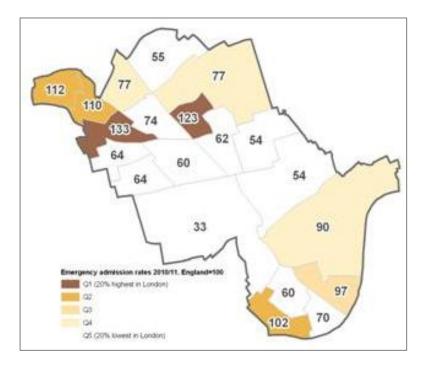
Annually in Church Street ward, there are around 1,700 elective hospital admissions, 1,400 emergency hospital admissions and 5,000 A&E attendances across all ages.

#### **Emergency Admissions**

Nationally, emergency inpatient admissions have tended to rise over the last decade until recent years, partly due to a rise in short stay admissions. The cost of an emergency admission – generally over £2,000 - has been a major source of pressure for the NHS, and schemes are in place to support patients more effectively in a primary care setting, to avoid unnecessary admission (or A&E attendance).

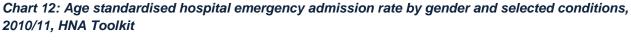
After adjusting for age, Church Street had an emergency admission rate 23% above the national average in 2010/11, within the 20% highest of wards in London; this was the second highest rate in Westminster after Westbourne ward. According to data, the higher rate can largely be explained by the higher rate among men, although potential inaccuracies in underlying population data mean that this finding should be treated with some caution.

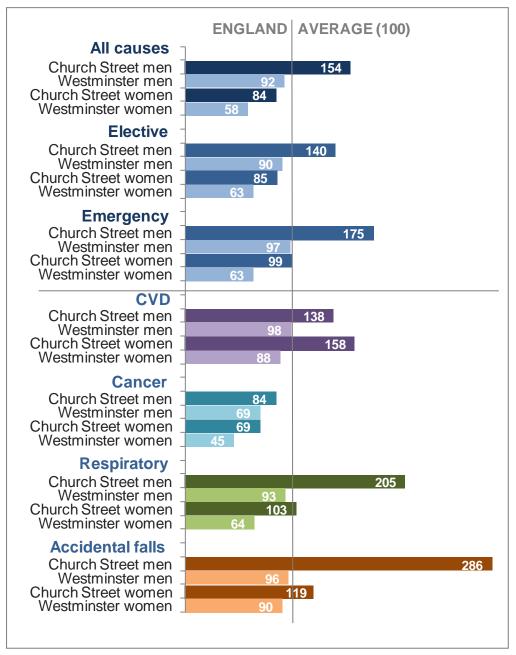




## Hospital Admission rates by cause

The burden of mortality and disease in Church Street ward is considerably higher than the borough and London averages (after adjusting for age differences); the burden of hospital use reflects this, particularly due to hospital attendance rates among men being considerably higher than London and England. Admissions for cancer were *lower* than nationally (as well as new cases of cancer), in contrast to mortality rates for cancer, which are higher. This may suggest poorer survival rates from cancer in the Church Street area.





## Hospital use among children and young people

The A&E attendance rate for children and young people in Westminster is high compared to London, and the rate in the Church Street area is the highest in Westminster, with around 900 A&E attendances a year or 17 a week for 0-4 year olds. This may be influenced by the proximity to St Marys Hospital, as well as the higher burden of disease. Cultural issues may also impact on A&E use.

The most common cause of hospital admission among children and young people in Westminster is dental caries. Oral health and dentistry have been discussed later in the report.

Over the last five years there have been around 35 emergency hospital admissions a year for accidents and injuries among 0-17 year olds in the Masterplan area. This is around 7 more than would be expected for a typical area in London, and falls into the 20% highest rates in the capital. Deprived areas tend to have higher rates than more affluent areas.

## **Average Hospital costs**

Residents in the Masterplan area had an average hospital cost of around £550 in the year July 2011 to June 2012. This was more than 50% higher than the average in the CCG as a whole, a reflection of the burden of ill-health in the area. The *proportion* of cost associated with unplanned care (emergency admissions and A&E attendances) was also higher in the Masterplan area (44%) than in the CCG as a whole (39%).

	Maste	Masterplan		Central London CCG		Difference	
	Activity	Cost	Activity	Cost	Activity	Cost	
A&E attendances	0.43	£43	0.25	£25	70%	70%	
Emergency admissions	0.09	£199	0.05	£112	67%	78%	
Elective admissions	0.15	£163	0.12	£105	26%	55%	
Outpatient attendances	1.62	£141	1.23	£107	32%	31%	
TOTAL		£545		£349		56%	

Table 12: Annual average activity and hospital costs in hospital settings, based on July 2011-June 2012, INWL SUS

# **Chapter 4 Lifestyles**

#### Smoking

Smoking is the single most important modifiable risk factor for CVD. The Westminster Major Health Campaign (MHC) showed that there were similar rates of smoking in the Masterplan area compared to Westminster as a whole (see below). However, some other sources suggest it may be higher than the rate identified in the Major Health Campaign, particularly for men. The higher than expected rates of COPD and lung cancer reinforce this.

Table 13: Proportion population with smoking status in Westbourne, Westminster MHC 2009

Percentage of people who are current smokers (cigarettes, Roll-ups, Cigars, Water-pipe, other pipe)	
Church Street Masterplan Area	16%
Westminster	17%

#### Alcohol

Chronic alcohol use is one of the major causes of liver cirrhosis (irreversible scarring of the liver). Binge drinking can also increase blood pressure which is a risk factor for heart attacks.

There is a higher burden of alcohol-related admission in Church Street compared to Westminster, and a similar rate of alcohol-specific admission (where the admission was completely a result of alcohol).

 Table 14: Hospital admissions 2010/11 for alcohol specific and alcohol specific and related hospital admissions,

 Westminster City Council 2011. Rate per 100,000

Number and rate (per 100,000) of alcohol-related and specific hospital admissions, 2011/12	Alcohol- related admissions (fraction)	Alcohol- related admissions rate	Alcohol - specific admissi ons	Alcohol- specific admissions rate
Church Street Masterplan Area	289	2222	72	553
Westminster	-	1752	-	522

The MHC showed that almost half of those in the Masterplan area do not drink alcohol. This correlates with the high Muslim population. Of those who do drink, a higher proportion drink five or more units in a typical day.

Percentage of people who has a drink containing alcohol more than 2-3 times a week	
Church Street Masterplan Area	28%
Westminster	47%
Percentage of people who consumes 5 or more drinks on a typical day of drinking	
Church Street Masterplan Area	21%
Westminster	14%
Percentage of people who never drink	
Church Street Masterplan Area	44%
Westminster	21%

 Table 15: Proportion population who drink alcohol, Westminster MHC 2009

#### **Physical Activity**

People of all ages can improve the quality of their lives through a lifelong practice of moderate physical activity. Regular physical activity that is performed on most days of the week reduces the risk of developing or dying from some of the leading causes of illness and death such as heart disease, diabetes, high blood pressure, colon cancer, depression, anxiety and promotes psychological well-being.

Data from the MHC showed that there was a broadly similar rate of physical activity in the Masterplan Area compared to Westminster as a whole.

Table 16: Proportion population who partake in physical activity, Westminster MHC 2009

Percentage of people who have undertaken physical activity at least 5 times per week	
Church Street Masterplan Area	28%
Westminster	25%

# **Child Obesity**

The National Child Measurement Programme (NCMP) measures the height and weight of all children in Reception and Year 6. A child who is obese has an elevated risk of developing CVD as an adult, amongst a range of other complications. Westminster state primary school children have among the highest rates of child obesity in the country. Rates of child obesity among Year 6 pupils living in Church Street are among the highest in Westminster and London.

Table 17: Proportion of state school children classified as obese (95<sup>th</sup> percentile), NCMP 2008/09-2010/11

Percentage of children classified as obese (95 <sup>th</sup> percentile)	Reception	Year 6
Church Street Masterplan Area	14.1%	28.3%
Westminster	12.9%	24.9%

## **Adult Obesity**

Estimates from GP practice data suggests that the Church Street area has approximately 40% higher levels of obesity compared to the borough as a whole – around 21% of the population, compared to 15% in Westminster generally (2010).

Table 18: Proportion population known to be obese, GP extractions 2010

Percentage of adults with a BMI of 30 or over (obese)		
Church Street Masterplan Area	21%	
Westminster	15%	

#### Fruit and vegetable consumption

Data from the MHC identifies a lower fruit and vegetable consumption than the borough average, with 42% having less than three pieces each day, compared to 34% in Westminster as a whole.

Table 19: Proportion population who eat fruit and vegetables, Westminster MHC 2009

Daily fruit and vegetable consumption (where known)	Masterplan	Westminster
None	3%	2%
1-2	39%	33%
3-4	41%	43%
5+	16%	23%

#### Sexual health and teenage conception

HIV is a lifelong illness with significant impacts in terms of health and healthcare costs. Westminster had the 10<sup>th</sup> highest rate of HIV prevalence in the country in 2010. There are more than 60 people with HIV living in the Masterplan area, which is high for Westminster.

Westminster had the 11th highest rate of acute sexually transmitted infections (STIs) in the country in 2010/11. The rate in the Masterplan area is broadly similar to the borough average, meaning it is also high.

Teenage conception data has consistently identified Church Street ward as significantly higher than the national average for under 18 conceptions, per population.

#### **Oral health**

Ensuring families have the necessary information and advice to promote good oral health from before children's teeth first appear is essential since establishing good habits early in childhood has an important impact on health in later life.

Despite a good number of NHS dentists in the borough, children and young people are not accessing NHS services to the same degree as elsewhere and dental health among children and young people in local state schools is poor.

Westminster school children have a higher rate of dental decay than those across London and England: the National Dental Epidemiology Survey of 5 year olds in 2007/08 found that 38% of children had experience of caries, compared with 33% in London and 31% in England (BASCD 2007/08). Only 14% of children were found to have dental caries that had been treated. In 2010/11, dental caries was the top reason for hospital admissions in the 1-18 year age group for Westminster, accounting for 20% of admissions in the 5-9 year age group (Source: SUS).

#### Breastfeeding

Breastfeeding offers substantial health benefits to both mothers and infants. Annual breastfeeding data from 2009/10 to 2010/11 identified a high rate of breastfeeding (82%) at 6-8 weeks in Church Street, similar to the Westminster average (83%) and far higher than London (64%) and England (45%).

# **Chapter 5 Primary Care**

First point of health care contact for most of the patients is their local general practitioner.

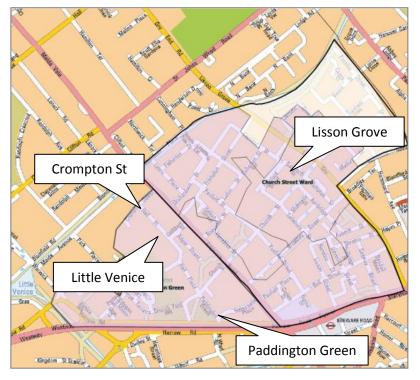
#### **GP** Practices

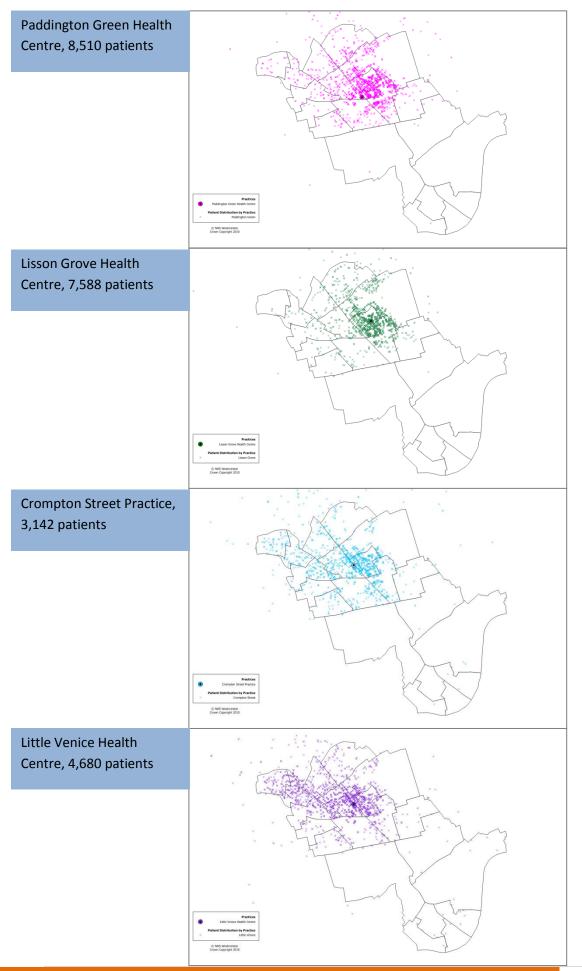
The majority of Church Street residents are served by Central London Clinical Commissioning Group (CL CCG) practices. The greatest numbers of patients are found at the Paddington Green Health Centre and Lisson Grove Health Centre in particular, but also the Crompton Street Practice, and the Little Venice Health Centre (see below).

	Number in Masterplan area	Percent of total Masterplan
Paddington Green Health Centre	5,346	33%
Lisson Grove Health Centre	5,111	31%
Crompton Medical Centre	1,208	7%
Little Venice Medical Centre	1,123	7%
Non-INWL	393	2%
Marylebone Health Centre	388	2%
West Two Health	325	2%
The Lanark Medical Centre	251	2%
Milne House Medical Centre	234	1%
The Wellington Health Centre	219	1%
Other (<200 patients)	1,798	11%
Total	16,396	100%

Table 20: Most common GP Practices used by Masterplan residents, Exeter 2012

Map 10: Most common GP Practices used by Masterplan residents, Exeter 2012





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# **Cancer Screening**

Breast cancer screening is offered via mammography at St Marys, Paddington and is currently monitored for women aged 50-70. Just one of the practices met the national target for coverage of 70% screened within the last 3 years, although three of the four were still higher than the CCG average.

	Breast		
	Target 70%		
Practice Name	Coverage Rank in CC		
Paddington Green HIth Centre	63.4%	7	
Lisson Grove Health Centre	65.2%	5	
Crompton Medical Centre	51.5%	29	
Little Venice Medical Centre	71.4%	1	

Table 21: Breast screening coverage, Q1 2012/13 Public Health Performance Reports

Cervical screening is not a test for cancer. It is a method of preventing cancer by detecting and treating early abnormalities which, if left untreated, could lead to cancer in a woman's cervix. All women between the ages of 25 and 64 are eligible for a free cervical screening test every three to five years. Rates of cervical screening among the four most commonly used practices are higher than the CCG average and meet the target, with the exception of one practice. However, for the younger age group, three of the four practices fall below the target. Overall, the practices perform better than the CCG average.

Table 22: Cervical screening coverage, Q1 2012/13 Public Health Performance Reports

	Cervical 25-49		Cervical 50-64		
	Target 70%		Target 75%		
Practice Name	Coverage Rank in CCG		Coverage	Rank in CCG	
Paddington Green HIth Centre	60.1%	17	68.7%	21	
Lisson Grove Health Centre	61.9%	11	80.6%	4	
Crompton Medical Centre	62.8%	10	77.2%	8	
Little Venice Medical Centre	70.8%	4	84.0%	2	

About 1 in 20 people in the UK will develop bowel cancer during their lifetime. It is the third most common cancer in the UK, and the second leading cause of cancer deaths, with over 16,000 people dying from it each year. Regular bowel cancer screening has been shown to reduce the risk of dying from bowel cancer by 16 per cent. The NHS Bowel Cancer Screening Programme offers screening every two years to all men and women aged 60 to 69. None of the GPs in Church Street met the national targets and three also below the CCG average.

Table 23: Bowel screening uptake, Q1 2012/13 Public Health Performance Reports

	Bo	Bowel		
	Targ	et 60%		
Practice Name	Uptake Rank in CC			
Paddington Green HIth Centre	42.5%	16		
Lisson Grove Health Centre	34.4%	28		
Crompton Medical Centre	26.5%	32		
Little Venice Medical Centre	35.1%	27		

## **Immunisations**

Childhood immunisations are important for protecting children during their early years. Based on most recent annual data, all four practices do not meet the target for 3<sup>rd</sup> dose DTAP/IPV/HiB, although the Lisson Grove Health Centre falls just 2% short:

Table 24: Immunisation uptake among 1 year olds, Q1 2012/13 Public Health Performance Reports

	1 year	
	3rd dose DTAP/IPV/HiB <i>Target</i> 95%	
Practice Name	Uptake	Rank
Paddington Green Hlth Centre	88.5%	20
Lisson Grove Health Centre	93.0%	12
Crompton Medical Centre	84.8%	24
Little Venice Medical Centre	0.0%	29

#### All four practices perform well against 2 year old immunisations and are higher than the CCG average:

Table 25: Immunisation uptake among 2 year olds, Q1 2012/13 Public Health Performance Reports

		2 year					
		Target 85%					
	PCV E	PCV Booster HiB/MenC Booster 1st dose MMR					
Practice Name	Uptake	Rank	Uptake	Rank	Uptake	Rank	
Paddington Green HIth Centre	87.6%	13	90.3%	15	90.3%	12	
Lisson Grove Health Centre	86.0%	15	94.0%	6	92.0%	8	
Crompton Medical Centre	93.0%	7	86.0%	19	88.4%	15	
Little Venice Medical Centre	0.0%	28	0.0%	28	0.0%	28	

With the exception of the Little Venice Medical Centre, all other practices perform worse than the CCG average on 5 year old immunisations, and do not meet the national target:

#### Table 26: Immunisation uptake among 5 year olds, Q1 2012/13 Public Health Performance Reports

	5 year			
	Target 85%			
	DTAP/IPV Booster 2nd dose MMR			
Practice Name	Uptake	Rank	Uptake	Rank
Paddington Green Hlth Centre	77.6%	24	78.6%	23
Lisson Grove Health Centre	80.9%	22	79.8%	20
Crompton Medical Centre	79.4%	23	79.4%	21
Little Venice Medical Centre	94.1%	5	92.2%	7

#### **QOF Clinical Achievement**

In 2011/12, the four practices in the Church Street area all achieved higher Quality and Outcomes Framework clinical scores than the CCG, London and England averages. Clinical areas where the practices scored lower than the London average have been highlighted below and include: CHD for the Paddington Green Health Centre; Severe & Enduring Mental Illness for the Crompton Medical Centre; Epilepsy for the Lisson Grove Health Centre; and Dementia for the Little Venice Medical Centre.

Table 27: Achievement of QOF clinical outcomes, 2011/12, NHS Information Centre scores lower than London average marked red

	Maximum	Paddington Green Hlth	Lisson Grove Health	Crompton Medical	Little Venice Medical
Practice Name	points	Centre	Centre	Centre	Centre
Total Clinical	661	98.0%	99.0%	97.1%	98.5%
Diabetes	92	99.6%	98.2%	98.0%	100.0%
Hypertension	79	100.0%	100.0%	100.0%	100.0%
CHD	76	86.8%	100.0%	98.8%	100.0%
Smoking	60	100.0%	100.0%	100.0%	100.0%
Asthma	45	100.0%	100.0%	100.0%	100.0%
SMI	40	96.8%	100.0%	86.2%	97.7%
Chronic Kidney Disease	38	98.2%	98.2%	100.0%	100.0%
Depression	31	97.8%	100.0%	91.4%	100.0%
COPD	30	100.0%	100.0%	100.0%	100.0%
Heart Failure	29	100.0%	100.0%	98.6%	100.0%
Atrial Fibrilation	27	100.0%	100.0%	100.0%	100.0%
Dementia	26	100.0%	100.0%	100.0%	76.9%
Stroke/TIA	22	100.0%	100.0%	98.8%	100.0%
Epilepsy	14	100.0%	71.4%	87.1%	100.0%
<b>CVD Primary Prevention</b>	13	100.0%	100.0%	100.0%	100.0%
Cancer	11	100.0%	100.0%	100.0%	100.0%
Obesity	8	100.0%	100.0%	100.0%	100.0%
Hypo-thyroidism	7	100.0%	100.0%	100.0%	100.0%
Learning Disabilities	7	100.0%	100.0%	57.1%	57.1%
Palliative Care	6	100.0%	100.0%	50.0%	100.0%

## **Patient satisfaction**

Overall quality of care, as measured by the GP Patient Survey, falls into the middle 50% of London practices, with the exception of the Compton Medical Centre, which falls slightly below (although the practice does not score below on any of the individual indicators). The practices overall are rated highly for the quality of consultation.

#### Table 28: Patient satisfaction and access ratings, NHS National Patient Survey, DATE

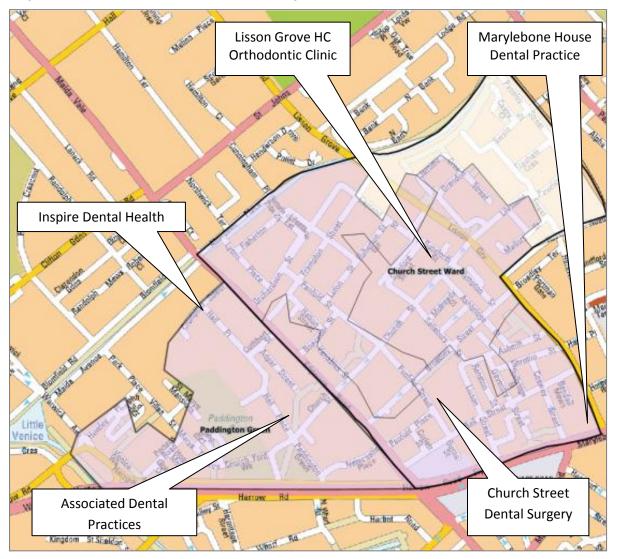
	Duality of overall	Ore Saisfellowith	scess Quality of consul	ADE LOCE PERE	red
Paddington Green Hlth Centre	173	245	423	65%	
Lisson Grove Health Centre	153	206	449	55%	
Crompton Medical Centre	146	226	449	68%	
Little Venice Medical Centre	164	207	435	73%	
Westminster	163	225	421	70%	

Lowest 25% in London

#### **Dentists**

The proportion of children in Westminster who had seen an NHS dentist in the previous 24 months at 20 June 2012 (60.4%) was lower than London (66.8%) and England (70.7%). A similar pattern was seen in adults, with only 41.1% adults having an NHS dentist in the previous 24 months at 20 June 2012 compared to London (48.8%) and England (52.8%). These figures relate to dental access across the whole of Westminster, rather than relating specifically to Church Street ward. As such, the low access figures may relate to the fact that a slightly higher than average proportion of the population in Westminster as a whole use private dentists whose activity is not included.

There are five dentists located within the Masterplan area

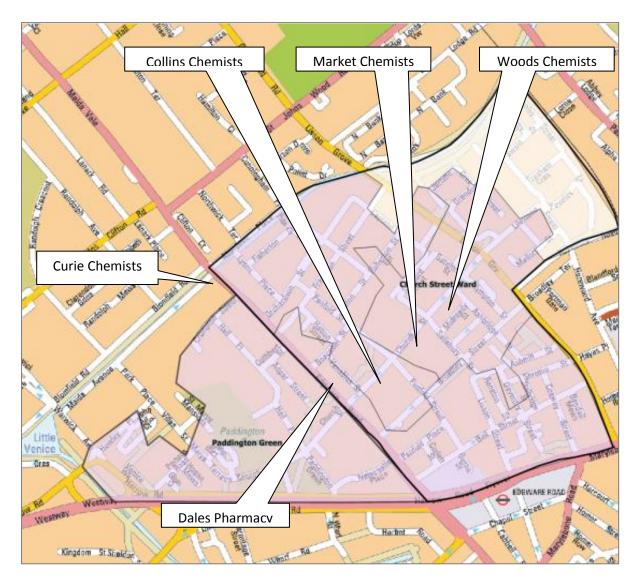


Map 11: Most common dentists in the Masterplan area, NHS Choices 2013

# **Pharmacies**

There are 4 pharmacies within the Church Street Masterplan area and one just outside.

Map 12: Most common pharmacies in the Masterplan area, PCT data 2012



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